

# Vanessa A. Castillo

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## EDUCATION

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**Doctorate of Philosophy** in Psychology Expected May 2022

*Iowa State University, Ames, IA*

Dissertation: *Does it Matter Why You Choose to Forgive or Not?: A Cultural Perspective on (Un)Forgiveness Motive*

**Masters of Science** in Psychology May 2019

*Iowa State University, Ames, IA*

Thesis: *An Investigation of Forgiveness in an Honor Culture*

**Bachelor of Arts** in Psychology and Spanish May 2016

*Concordia College, Moorhead, MN*

Summa Cum Laude

Honors Project: *Self-Concept Clarity's Role in Break-Ups*

## AWARDS

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Multicultural Pre-Doctoral Teaching Fellowship from UNC Charlotte Summer 2021

ISU Outstanding Graduate Student in Social Psychology Mentoring Excellence Award Spring 2021

ISU Graduate College Teaching Excellence Award Fall 2020

Science Talk Travel Award (\$400) February 2020

SPSP Graduate Student Travel Award (\$500) September 2018

Alliance for Graduate Education and the Professoriate (AGEP) Fellowship August 2016  
(nominated by the ISU psychology department to receive for five years)

Undergraduate Psychology Honors from Concordia College May 2016

## PROFESSIONAL DEVELOPMENT

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Introduction to Structural Equation Modeling Certificate of Completion Summer 2021  
*Three-day workshop on regression, path analysis, factor analysis, and structural equation modeling with latent variables in Mplus and R.*

Iowa Mentored Community College Teaching Practicum Certificate Spring 2021  
*Semester long practicum that gave direct experience with community college evidence-based strategies for teaching and learning through diversity.*

Graduate Student Teaching Certificate Fall 2020  
*Finished five courses (14 credits) of teaching methodology, teaching practicums, and professional development.*

Preparing Future Faculty Scholar Certificate Fall 2020  
*Completed four courses (11 credits) on pedagogical strategies, course creation, and professional development.*

Center for the Integration of Research, Teaching, and Learning (CIRTL) Spring 2020  
Associate Certificate  
*Participated in five professional development events on teaching and learning.*

Certificate in Quantitative Psychology

Spring 2020

*Completed seven courses (13 credits) in statistics and psychological research methods.*

## TEACHING EXPERIENCES

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### Instructor/Co-Instructor

#### Pre-Doctoral Teaching Instructor

Summer 2021

*Topics in Psychology: Psychology and Culture (1 section)*

University of North Carolina Charlotte-Charlotte, NC

- Designed and taught an online 5.5-week 300-level class with synchronous and asynchronous class components.
- Created weekly video lectures and engaged students in-class activities and discussions on how culture influences human development, cognition, morality, social and family relationships, emotions, physical and mental health, and social behavior.

#### Instructor

Spring 2021

*Iowa Mentored Community College Teaching Practicum Learning Community (1 section)*

Iowa State University-Ames, IA

- Managed the ASPIRE NSF INCLUDES Mentored Teaching Practicum Program. I paired up community college mentors with graduate students and led bi-monthly meetings with graduate students as a learning community.
- Coordinated panels and events about how to apply to community college with mock interviews, what is faculty life is like, and how to teach online using inclusive pedagogies.

#### Instructor

Fall 2020

*How to Think Like a Psychologist (2 sections)*

Iowa State University-Ames, IA

- Designed a new 100-level course for the psychology learning community that went over basic research methods (i.e., observational, correlational, and experimental design) and critical thinking skills (e.g., how to think skeptically, how to spot fake news, etc.).
- Created in-person and online lectures, class activities, reading guides, and weekly assignments.
- Guided students through the process of conducting an observation and correlation study and presenting their findings through written and oral formats.

#### Instructor

Fall 2019

*Academic Learning Skills (2 sections)*

Iowa State University-Ames, IA

- Facilitated a team-based learning environment where students learned the material before class and discussed the material in class for a 100-level class.
- Created lectures and activities on academic skills (e.g., time management and study techniques) and how to apply these skills in their classes.

**Co-Instructor**

Spring 2017 &amp; 2018

*Dialogues on Diversity (2 sections)*

Iowa State University-Ames, IA

- Informed class on ongoing issues related to diversity and facilitated discussions on diversity (e.g., race, gender, sexual orientation) weekly with another instructor for a 100-level class.
- Found resources such as articles, videos, and class activities to help students have an informed and thoughtful discussion of current issues.

**Instructor**

Fall 2016-Spring 2019

*Laboratory in Introductory Psychology (9 sections)*

Iowa State University-Ames, IA

- Clarified introductory psychological concepts with lectures and in-class experiments for a 100-level class.
- Guided students in writing their first empirical paper and presenting original work for a poster presentation.
- Met weekly with other instructors to discuss class objectives and revised course material to enhance student comprehension.

**Teaching Assistant****Teaching Assistant**

Spring 2021

*Social Psychology (1 section)*

Iowa State University-Ames, IA

- Led three 60-minute discussion sections weekly where I reviewed important concepts from the textbook and lecture.

**Teaching Assistant**

Spring 2020

*Research Methods in Psychology (1 section)*

Iowa State University-Ames, IA

- Advised and graded students on their research projects through hypothesis generation, data collection, and writing a research paper.

**Guest Lecturer****Guest Lecture**

Spring 2021

*Introduction to Psychology*

Des Moines Area Community College-Des Moines, IA

- Developed and taught a synchronous online 50-minute lecture on Sex and Gender for two sections of a 100-level class.

**Guest Lecture**

Spring 2020

*Psychology of Motivation*

Iowa State University-Ames, IA

- Developed and recorded an online 50-minute lecture on how growth and fixed mindset influence goals and motivation for a 300-level class.

**Guest Lecture**

Spring 2019

*Psychology of Religion*

Iowa State University-Ames, IA

- Developed and guided students through a class lecture on the connection between culture and religion for a 300-level class.

**RESEARCH EXPERIENCES**

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**Graduate Research Assistant**

Fall 2021-Spring 2022

*Research Institute for Studies in Education (RISE)*

Iowa State University- Ames, IA

- Applied research and evaluation expertise to grant proposals, program/project evaluation planning and implementation, survey development, and interpretation of results.

**Graduate Research Assistant**

Fall 2016-Spring 2022

*Department of Psychology*

Iowa State University- Ames, IA

- Assisted Dr. Susan E. Cross in her Social Self and Culture Lab in designing, conducting, analyzing, and writing up studies for publication.
- Managed the lab for two and a half years, which entailed creating schedules, communicating with undergraduate research assistants and participants, training research assistants on lab protocols, and facilitating lab meetings on ethics, graduate school preparation, and research articles.
- Collaborated on multi-country studies funded by the National Science Foundation and European Research Council by designing, conducting studies, and analyzing data.

**Undergraduate Research Assistant**

September 2015-May 2016

*Department of Psychology*

Concordia College-Moorhead, MN

- Discussed research on relationship conflict, sexism, and affect with Dr. Darcie Sell and her team to learn more about the literature on conflict in romantic relationships weekly.
- Collected, analyzed, and presented dyadic data of couples' conflict at two conferences.

**Undergraduate Research Assistant**

August 2015-May 2016

*Department of Psychology*

North Dakota State University-Fargo, ND

- Conducted studies weekly for four hours in Dr. Michael D. Robinson's personality, perception, and affect lab.
- Discussed future research designs for experiments, assisted them with creating and finding measures, and collected data for future research papers.

## MANUSCRIPTS

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- Castillo, V.A.,** Cross, S.E., & Lam, B.C.P. (2021). *The relationship between relational interdependent self-construal and relationship quality: A daily diary study* [Manuscript in preparation]. Department of Psychology, Iowa State University.
- Castillo, V.A.,** Cross, S.E., McCauley, T., Ashokkumar, A., & Perez, M. (2021). *A cultural perspective on forgiveness among Latinx Americans and northern European Americans* [Manuscript in preparation]. Department of Psychology, Iowa State University.
- Easterbrook, M., Smith, P., Koc, Y., Miu-Chi Lun, V., Papastylianou, D., Grigoryan, L., Torres, C., Efremova, M., Hassan, B., Abbas, A. S., Ahmad, A., Al-Bayati, A., Selim, H., Anderson, J. R., Delfino, G., Gamsakhurdia, V., Gavreliuc, A., Gavrelius, D., Gul, P., Gunsoy, C., Hakobjanyan, A., Lay Martinez, S., Lopukhova, O., Hu, P., Sunar, D., Mendes Texeira, M., Tripodi, D., Díaz Rivera, P., van Osch, Y., Yuki, M., Ogusu, N., Kwantes, C., Díaz Loving, R., Perez-Floriano, L., Chaleeraktragoon, T., Chobthamkit, P., **Castillo, V. A.** (2021) *Dignity, Honour and Face in 30 nations* [Manuscript in preparation]. Department of School of Psychology, University of Sussex. (The project reference number is ER/MJE23/50)
- Günsoy, G., Cross, S.E., **Castillo, V.A.,** Uskul, A., Wasti, A., Salter, P., Carter Sowell, A., Yegin, A., Duygu Erdaş, K., Crist, J. (2021). *Goal Derailment and Goal Persistence in Response to Honor Threats* [Manuscript in preparation]. Department of Psychology, Clemson University. (A research project funded by the National Science Foundation grant #BCS-1451540.)
- Joo, M., **Castillo, V.A.,** Martin-Ruiz, V., & Gul, P. (2021). *Who is more likely to cheat? A meta-analysis* [Manuscript in preparation]. Department of Psychology, Iowa State University.
- Uskul, A., Kirchner-Hausler, A., Charles, A., Vignoles, V., Psaltis, C., Panayiotou, O., Husnu Raman, S., Miniessy, R., Rabie, D., Kafetsios, K., Karamaouna, P., Kateri, E., Pagliaro, S., Teresi, M., Uchida, Y., Ishii, K., Na, J., Harb, C., Rodriguez-Bailón, Matamoros Lima, J., Masmoudi, S., Yalcin, M., Cross, S. E., & **Castillo, V. A.** (2021) *Examining group differences in social orientation and cognitive style in 11 countries* [Manuscript in preparation]. Department of Psychology, University of Kent. (A research project funded by the European Research Council under the European Union's Horizon 2020 research and innovation programme: grant agreement No. 817577)

## CONFERENCE PRESENTATIONS

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- Castillo, V.A.,** & Toftness, A.R. (2020, March 26-27). *Cultural Awareness in Science Communication* [Workshop leader]. 4<sup>th</sup> Annual Convention of Science Talk, Portland, OR, United States.
- Castillo, V.A.,** Cross, S.E., & McCauley, T. (2020, February 27-29). *Forgiveness After a Reputation and Self-Esteem Threat* [Poster presentation]. 21<sup>st</sup> Annual Convention of the Society for Personality and Social Psychology, New Orleans, LA, United States.  
<https://doi.org/10.17605/OSF.IO/QTZJF>

**Castillo, V.A.,** Cross, S.E., Perez, M., & Ashokkumar, A. (2019, February 7-9). *I Confront You, so I Can Forgive You* [Poster presentation]. 20<sup>th</sup> Annual Convention of the Society for Personality and Social Psychology, Portland, OR, United States.  
<https://doi.org/10.17605/OSF.IO/3CND2>

**Castillo, V.A.,** & Cross, S.E. (2018, November 1). *When Do Members of an Honor Culture Forgive?* [Oral presentation]. 11<sup>th</sup> Annual Graduate Minority Assistantship Program Research Symposium, Ames, IA, United States.

**Castillo, V.A.,** & Cross, S. E. (2018, March 1-3). *When Do Members of an Honor Culture Forgive?* [Poster presentation]. 19<sup>th</sup> Annual Convention of the Society for Personality and Social Psychology, Atlanta, GA, United States.  
<https://doi.org/10.17605/OSF.IO/EYAFJ>

**Castillo, V.A.** (2017, April 20-22). *Self-Concept Clarity's Role in Break-Up Distress* [Poster presentation]. 89<sup>th</sup> Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States.

Bass, K., Campbell, E., **Castillo, V. A.,** Mattison, S., & Sell, D. (2016, May 26-29). *Benevolent Sexism and Perceived Affect During Conflict as Predictors of Relationship Quality* [Poster presentation]. 28<sup>th</sup> Annual Meeting of the Association of Psychological Science, Chicago, IL, United States.

Bass, K., Campbell, E., **Castillo, V. A.,** Mattison, S., & Sell, D. (2016, April 14-15). *Hostile Sexism and Perceived Affect During Conflict as Predictors of Relationship Quality* [Poster presentation]. 30<sup>th</sup> Annual Meeting of the Red River Psychology Conference, Fargo, ND, United States.

## **ADVISING AND MENTORING EXPERIENCES**

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**Graduate Mentor** Fall 2019-Spring 2021  
*McNair Program*  
Iowa State University-Ames, IA

- Mentored two undergraduate McNair Scholars. Met to discuss academic research, graduate school preparation, and professional development. Assisted the scholars in their McNair research project.

**Graduate Mentor** Fall 2017-Spring 2021  
*Social Self and Culture Lab*  
Iowa State University-Ames, IA

- Advised three undergraduates on data collection, hypothesis development, data analyses, and poster creation. All undergraduates presented a poster at a university and regional conference.

## Peer Mentor

Fall 2017-Spring 2018

Graduate College Mentoring Program  
Iowa State University-Ames, IA

- Mentored a first-year graduate student of color. We met biweekly to discuss class load, work-life balance, research goals, and challenges of our ethnic identities in graduate school.

## ADVISED UNDERGRADUATE PRESENTATIONS

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Lamoreux, T., **Castillo, V.A.**, Cross, S.E., Uskul, A., Kirchner, A., & Vignoles, V. (2021, April 22-24). *Honor Values and Self-Construal* [Poster presentation]. 93<sup>rd</sup> Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States.

Lamoreux, T., Anderson, J., **Castillo, V. A.**, Cross, S. E., & Lam, B.C.P. (2020, April). *If I'm Happy, Are We Happy?* [Poster presentation] Undergraduate Psychology Research Competition, Ames, IA, United States.

Lamoreux, T., Anderson, J., **Castillo, V.A.**, Cross, S.E., & Lam, B.C.P. (2020, April 23-25). *If I am Happy, are We Happy?* [Poster presentation]. 92<sup>nd</sup> Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States. (Conference cancelled)

Lamoreux, T., **Castillo, V.A.**, & Cross, S.E., (2020, February 11). *Are There Cultural Differences in Conflicts?* [Poster presentation]. LAS Undergraduate Research Fair, Ames, IA, United States.

Lamoreux, T., **Castillo, V.A.**, & Cross, S.E., (2019, April 11-13). *Are There Cultural Differences in Conflicts?* [Poster presentation]. 91<sup>st</sup> Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States.

Sadr, F., **Castillo, V.A.**, Cross, S.E., & Lam, B.C.P. (2018, April 12-14). *If my Romantic Partner is Satisfied with "Us", then so Am I?* [Poster presentation]. 90<sup>th</sup> Annual Meeting of the Midwestern Psychological Association, Chicago, IL, United States.

Sadr, F., **Castillo, V.A.**, Cross, S.E., & Lam, B.C.P. (2018, April 10). *If my Romantic Partner is Satisfied with "Us", then so Am I?* [Oral presentation]. 2018 ISU Symposium on Undergraduate Research & Creative Expression, Ames, IA, United States.

## SERVICE EXPERIENCES

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### Graduate Student Panelist

October 2020

*Psi Chi*

Ames, IA

- Communicated my experiences applying to and in graduate school to undergraduates interested in attending graduate school as a part of a panel on Psychology Careers and Graduate School.

**Guest Speaker**

August 2020

*FarmHouse Fraternity*  
Ames, IA

- Promoted the benefits of having a growth mindset in regard to academics as a guest speaker.

**Community Outreach Panelist**

September 2019

*Graduate Students of Psychology (GSP)*  
Ames, IA

- Participated in a panel as a cultural psychologist on issues dealing with identity and stereotypes to members of the community.

**Board of Director Member**

Fall 2019-Spring 2022

*YWCA-Ames ISU Association*  
Ames, IA

- Oversaw fundraising for programs and award ceremonies for women in the community who supported the YWCA's mission as President and Vice-President in my final two years.
- Lead board meetings where I advised programs and services that help mentor girls, offer diversity education, assist internationals culturally acclimate, and promote social justice outreach.

**AFFILIATIONS AND PROFESSIONAL MEMBERSHIPS**

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- American Psychological Association
- Society for the Teaching of Psychology
- Association for Psychological Science
- International Association for Cross-Cultural Psychology
- Society of Personality and Social Psychology
- Midwestern Psychological Association
- Psi Chi